

Reaching National Institute of Epidemiology (NIE), Chennai

NIE is located in Ayapakkam that is in the interiors of Ambattur, a suburb of Chennai (earlier name Madras).

NIE is locally known as “**ICMR Hospital**” at **Ayapakkam Housing Board**.

Major landmarks on the Madras Thiruvallur High Road near NIE are the **Dunlop Tyre Factory** and **Ambattur Municipality** from where NIE is about 3 kilometers inside.

The nearest landmark is **Ayapakkam Telephone Exchange**, which is at a distance of 50 meters from NIE.

1. From Chennai Airport

NIE is around 20 km from the airport. Taxi or autorickshaw should take approximately 90 minutes to reach NIE via the Inner Ring Road and Padi Junction.

Pre-paid taxis: Available round-the-clock at the airport. The booking counter is inside the arrival terminal near the exit gate. The cost for the trip to NIE will be around Rs.500.

Autorickshaws: There is no pre-paid service. The trip to NIE should cost around Rs.400 but you will have to bargain heavily.

Metro Buses: Ply from the bus stop on the main road outside the airport. Take Route Nos. **70L**, **L70**, **X70A**, **70NS**, **LA70**, **70CUNS** and get down at Ambattur Industrial Estate Bus Terminus. From there, change over to Route No.M20E to reach NIE (ICMR Stop). The bus tickets will cost you around Rs.20 and the journey time will be around 120 minutes.

Suburban trains: Board from Thirisulam station opposite the airport and purchase a ticket for Ambattur Station via Central Station. You should get down at Park Station, cross the road to the Moore Market Suburban Railway Terminal (multistory building adjacent to red building of Central Railway Station) to take the suburban line to reach Ambattur railway station. (At the Moore Market terminal take the train that goes to Ambattur and not the one going to Ennore). This will cost you around Rs.12 and the journey time will be around 90 minutes.

From Ambattur Railway Station, hire an autorickshaw to NIE that will cost you around Rs.60 during daytime and Rs.100 during nighttime.

2. From Chennai Central Railway Station

Autorickshaws: There is a pre-paid service outside the station. Please check the current rate at the counter.

Call taxis: These are run by private operators, which can be called over phone (Fast Track Phone No.044-24732020). Please mention your destination as near Ambattur. The trip will cost you around Rs.400.

Suburban trains: From the Chennai Central station, go to the Moore Market Suburban Terminal (multistory building adjacent to red building of Central Railway Station) and purchase a ticket for Ambattur Railway Station. (At the Moore Market Terminal take the train that goes to Ambattur and not the one going to Ennore).

From Ambattur Railway Station, hire an autorickshaw to NIE that will cost you around Rs.60 during daytime and Rs.100 during nighttime.

Metro Buses: Come outside the station and cross the road (via subway) towards the bus stop in front of Government General Hospital. Take Bus Route Nos. 7H EXT, L7E, L15L, 20C FS, 20B, 20A, 61E, 61D EX, 61B, 61D, 71F, L71H, L71E, L120C, 120NS, L120, X120. Ask for a ticket to Ambattur Industrial Estate (AIE) Terminus. On reaching the AIE Terminus, take bus Route No.M20E, and get down in front of the Institute (ICMR Stop). The total cost of the journey for both buses will be around Rs.20 and the journey time will be one Hour.

3. From Egmore Railway Station

Autorickshaws: There is no pre-paid service. The trip should cost you around Rs.200.

Call taxis: These are run by private operators, which can be called over phone (Fast Track Phone No.044-24732020). Please mention your destination as near Ambattur. The trip will cost you around Rs.300.

Suburban trains: From Egmore Station, purchase a ticket for Ambattur Railway station. Board the train on platform no. 9 and alight on Park Station (Next Station). Cross the road to the Moore Market Suburban Terminal (multistory building adjacent to red building of Central Railway Station) to take the suburban line to Ambattur railway station. (At the Moore Market terminal take the train that goes to Ambattur and not the one going to Ennore).

From Ambattur Railway Station, hire an autorickshaw to NIE that will cost you around Rs.60 during daytime and Rs.100 during nighttime.

Metro Buses: Come outside, cross the road and board Route Nos. 20H, L22C, L22A, L40AC, 40EXT, L40A, 40 to Ambattur Industrial Estate (AIE) Terminus. On reaching the AIE Terminus, take bus Route No. M20E, and get down in front of the Institute (ICMR Stop).

- **Remember, while in Chennai bargain when you hire the auto rickshaws. Board the auto rickshaw only after mutual agreement for the fare.**